



# Gaceta Médica de México

Official journal of the National Academy of Medicine of Mexico, A.C.

www.anmm.org.mx

## INSTRUCTIONS TO AUTHORS

The journal *Gaceta Médica de México* is the Official Organ of the **National Academy of Medicine**. Its spaces are open to scholars, as well as all members of the medical community expressing interest in using this forum to publish their work, in compliance with the editorial policies mentioned below.

*Gaceta Médica de México* is published six times a year and receives original manuscripts which, upon being accepted by the **Editorial Committee**, cannot be published partially or in full elsewhere without the consent of **Medical Gazette of Mexico**. All works submitted must adhere to the format described below, and will be subject to review by experts and the Editorial Committee to determine their acceptance.

The main purpose of *Gaceta Médica de México* is to publish original works from the broad field of medicine, as well as provide up-to-date and relevant information to the national health area.

To this end, *Gaceta Médica de México* will consider contributions in the following sections:

Editorials	Original Articles
Symposia	Review Articles
Clinical-Pathological Exercises	Clinical Cases
History and Philosophy of Medicine	Medicine Imaging
Molecular Biology and Medicine	Therapeutic News
Epidemiological Information	Bioethics
Brief Communications	Health and Law
News and Letters to the Editor	

### Editorials

This section will be devoted to the analysis and consideration of the population's health problems, the different preventive and therapeutic approaches, and the advances achieved in the field of biomedical research.

### Original Articles

The front page of original articles must contain the following: concise and informative title for the work; full name(s) of each author; institutional departments in which the work was carried out; name and current address of the author responsible for correspondence; name and address of the author to whom reprint requests must be addressed; sources of research funding (provided where appropriate); a short title with less than 40 characters (including spaces and characters) and keywords to facilitate inclusion in international indexes. For more information about manuscript preparation, we suggest consulting the website of Uniform Requirements for Manuscripts Submitted to Biomedical Journals ([www.icmje.org](http://www.icmje.org)). For further details: International Committee of Medical Journal Editors (<http://www.icmje.org/recommendations/browse/manuscript-preparation/preparing-for-submission.html>).

### Summary in Spanish

This summary will be presented in a maximum of 200 words, indicating the purpose of the research; basic procedures (sample selection, observational and analytical methods); main findings (specific data and, if possible, their statistical significance); as well as relevant conclusions and originality of the research. At the end, 3 to 6 keywords will be entered to facilitate inclusion in international indexes. We recommend using the terms from the Medical Subject Headings of the most recent Index Medicus.

### Summary in English

This summary will be presented in a maximum of 200 words, using the same characteristics of the Spanish summary. It will begin with an English language version of the title. It will also contain 3 to 6 keywords. To ensure quality, we suggest having this paragraph reviewed by an experienced translator.

### Introduction

It must include background information, approach to the problem and purpose of the study, all clearly worded and well supported by the bibliography reviewed.

### Material and methods

The characteristics of the sample and the methods used, with relevant references, will be clearly marked so that reading of this chapter allows similar studies to be

conducted by other researchers. The statistical methods used must be clearly marked with their corresponding reference.

### Results

The main findings of the study must be included and may be compared only with figures or graphics which are strictly necessary and are intended to extend the information contained in the text.

### Discussion

The results must be contrasted with the information reported in the literature, and with the objectives and hypotheses expressed in the work. Original articles must not include a Conclusion section.

### Acknowledgments

This section will contain acknowledgments to individuals and institutions, as well as financing sources.

### References

These will be presented in accordance with the Uniform Requirements for Manuscripts Submitted to Biomedical Journals (International Committee of Biomedical Journal Editors). **References will be marked with consecutive Arabic numerals, sorted in the order in which they first appear in the text. They will be referred to in the text, tables, and figure footnotes with the corresponding numbers.**

**In quotations with multiple authors (more than six authors), only the first 3 authors of the work must be included, followed by et al., after the abbreviation of the name/s of the 6th author. In case of 6 or fewer authors, all 6 must be included in the quotation ([https://www.nlm.nih.gov/bsd/uniform\\_requirements.html](https://www.nlm.nih.gov/bsd/uniform_requirements.html)).**

Articles published in periodic journals must appear in the following format:

Welt CK, Chan JL, Bullen J, Murphy R, Smith P, DePaoli AM, et al. Recombinant human leptin in hypothalamic Women with amenorrhea. *N Engl J Med*. 2004;351 (10):987-97.

References to books must include the name of the publisher, as well as the city and country of publication, and the year of publication, in accordance with the following model:

Aréchiga H, Somolinos J. *Contribuciones mexicanas a la medicina moderna*. México, D.F.: Fondo de Cultura Económica; 1994.

References to chapters in books must appear as follows:

Pasternak RC, Braunwald E. Acute myocardial infarction. En: Isselbacher KJ, Braunwald E, Wilson JD, Martin JB, Fauci AS, Kasper DL, eds. *Harrison's Principles of Internal Medicine*. 12.<sup>a</sup> ed. Nueva York: McGraw-Hill Inc.; 1994., pp. 1066-77.

### Tables

They must be double spaced and consecutively numbered in Arabic characters, in the order quoted in the text, with the titles in the top and the meaning of abbreviations as well as explanatory notes in the footer. They must be included at the end of the manuscript, after the references section.

### Figures or graphs

Figure footnotes must be written double spaced. The footer must contain the information needed to correctly interpret the figure without resorting to the text.

The text must reference them in order.

Qualities: The graphics, layouts and drawings must be generated in high resolution graphics programs (JPG, TIFF, EPS, PowerPoint and Illustrator).

All iconography must be original. Where this is not the case, the source reference must be quoted, and the author must obtain prior permission of the relevant publisher.

In the figures, data already written in the text will not be repeated.

Photographs of objects must include a rule to calibrate the reference measurements. In microphotographs, the microscopic magnification or reference micron bar must appear.

The patient's name, face and data will not be featured in the figures.  
We suggest that authors add color illustrations which adequately enrich the text. The cost of color illustrations will be covered by the corresponding author.

### **Symposia**

Only those symposia presented at the sessions of the National Academy of Medicine will be published. They will be sent to the Gazette by the Coordinators, who will be responsible for the quality; manuscript presentation; and their sequence & structure, including a free-form overall summary in Spanish and in English, which will not exceed 200 words. Each contribution will not exceed 10 pages and will adhere to the indications stated in the instructions to authors.

### **Review Articles**

They will treat a current topic which is medically relevant. The main author or the relevant individual must be an authority in the reviewed area or subject, and that person must attach a bibliography of his/her contributions supporting his/her experience in the subject. The sections and subtitles will be specified according to the author's discretion. A free-form summary (200 words maximum) must be included, both in Spanish and in English. Its maximum length will be 20 pages.

The illustrations included must be those strictly necessary and should be less than six. The literature must be sufficient and adequate, and specified in the manner described above. We recommend presenting at least 50 quotations in this type of articles.

### **Clinical-Pathological Exercise**

This section is intended to contribute to the process of continuing medical education. In their preparation, manuscripts must adhere to the editorial standards of the journal, including instructions to authors. They must contain the presentation and discussion of a relevant clinical case, and its correlation with pathologic, imaging or molecular findings in support of the final diagnosis, as well as bibliographical references quoted in the text. Up to 10 pages are available for presenting the case, with its medical records, laboratory studies, imaging and electric records; a clinical discussion including differential diagnosis; a presentation of macroscopic, microscopic, and - where appropriate - bacteriological, biochemical and molecular findings in support of the final diagnosis; the clinical-pathological correlation and bibliographical references, as well as the recommended readings in the format previously described. A maximum of five pictures might be included (all must be original) associated with clinical, imaging and laboratory data, as well as results of path exams.

### **Clinical Cases**

They must be comprised of free-form summaries in Spanish and in English (100 words maximum); introduction; case presentation; discussion; illustrations; and bibliography, with a maximum length of 10 pages, in line with the authors' instructions.

### **History and Philosophy of Medicine**

This section will include articles associated with the historical and philosophical aspects, the conceptual foundations, and the ethics of medicine. Although its structure depends solely on the author's discretion, it must include free-form summaries in Spanish and in English (100 words maximum), bibliographical references quoted in the text and listed at the end of the manuscript following the guidelines quoted for the Gazette manuscripts. The maximum length will be 20 pages.

### **Medicine Imaging**

This is a section of images used in diagnostic medicine, such as X-rays, CT scans, endoscopies, records or microphotographs; these images should not cover more than one and a half pages, and they should include one or two illustrations of superior quality. This section will be organized as follows: summary of the medical record and brief description of the imaging diagnosis, with a clinical correlation and a maximum of 5 bibliographical quotes; it must include free-form summaries in Spanish and in English (100 words maximum). The electronic version of the figures may be presented in the above-mentioned medium or format, with the exception of files from word processors (Word) or in pdf format.

### **Molecular Biology and Medicine**

The most important updates in the field of biomedical research will be published, as reported in international and national literature, with a comment about their impact on medical practice. Its maximum length will be four pages and no more than five bibliographical references will be included. It must include free-form summaries in Spanish and in English (100 words maximum).

### **Therapeutic News**

It will inform about the latest therapeutic advances and findings appearing in national and international literature, and their application in our medical field.

The maximum length will be four pages with a maximum of five bibliographical references. It must include free-form summaries in Spanish and in English (100 words maximum).

### **Epidemiological Information**

This will be a section of periodic information on national and international epidemiological records, highlighting their importance, comparing them with previous studies, and stating their projective tendencies. The maximum length will be four pages; free-form summaries in Spanish and in English (100 words maximum) must be included.

### **Brief Communications**

The preliminary reports of medical studies, having the formal structure of a summary (150 words maximum) as previously described, will be considered in this section. No more than 10 bibliographical references should be included.

### **Bioethics**

Ethical aspects of professional practice, as well as those related to advances in biomedical research and its preventive and therapeutic applications, will be formulated. Its maximum length will be four pages and four bibliographical references; free-form summaries in Spanish and in English (100 words maximum) must be included.

### **Health and Law**

This section will be devoted to contributions on current topics that show the interrelationship between health and law, in order to inform the medical community about legal subjects of interest, and to encourage an improved and more informed legal practice in health issues. The extent of the collaborations will not exceed ten pages; summaries in Spanish and in English (100 words maximum) must be included. Bibliographical references in the text, and in the list, must adhere to the instructions described for any other section.

### **News and Letters to the Editor**

They will have a maximum length of one and a half pages, including bibliographical references.

### **Submission of Manuscript**

All works must be submitted together with a letter signed by every author stating that those works have not been published previously nor have they been sent simultaneously to another journal; that there is no conflict of interest; and that, in case of acceptance, copyright will be transferred to the *Gaceta Médica de México*. Before they are accepted for publication, all works will be reviewed by peers and the Editorial Board of the Gazette. The views expressed in the article are those of the authors.

All articles must include, without exception, their complete text, tables and figures. Texts must be submitted in Microsoft Word format. The front page must show the title of the work; the authors' names; their institution of registration, excluding institutional appointment or academic degrees; the email address of the corresponding author; and a short title with less than 40 characters. They must be correctly spelled in Spanish (Castilian). The text must be typed, double spaced, and with each section starting on a new page: front page, English and Spanish summaries with their keywords, text body, acknowledgments and references; tables and figures footnotes will be presented on separate sheets. Beginning with the front page, the pages will be numbered consecutively, and the number will be placed on the top of every page.

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**Works must be uploaded in electronic form at the following URL:**

**<http://publisher.gacetamedicademexico.permanyer.com>**

**No articles will be accepted for review if they are not prepared in accordance with the Instructions to Authors.**

An electronic return receipt will be issued to the author, and the opinion of the Editor shall be communicated in a timely manner. All material accepted for publication in *Gaceta Médica de México* will be property of the journal, therefore either total or partial reproduction must be authorized by the Gazette.